



HARFORD COUNTY CHRISTIAN JAIL MINISTRY

VOLUNTEER AND MENTOR TRAINING



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#2

INTRODUCTION

Through our programs in the detention center HCCJM has the opportunity to challenge the inmates to change their worldview by receiving the Gospel of Christ into the hearts. However, as they are released from incarceration, they return to the same living conditions and friends that, in most cases, reflects their previous values and influenced their choices. This is complicated by the many burdens the incarceration now places on the. It is the vision of HCCJM to be able to extend our ministry into their lives following their release from jail.

This training is intended to provide the information and tools necessary for ministering to incarcerated individuals while incarcerated and to prepare them for return to our community. Mentoring is the method by which we hope to accomplish this mission. The training will help you in understanding our mission and those whom we serve in the name of Jesus. We minister in a way that will establish inmates and ex-offenders in the faith and lead them to victorious lives through Christ.

“Crime is a moral and spiritual problem that requires a moral and spiritual solution.” – Prison Fellowship

This training is provided by the Harford County Christian Jail Ministry (HCCJM). HCCJM has been active in the Harford County Detention Center and Harford County communities for over 24 years. We are dedicated to bringing Jesus Christ to incarcerated men and women. Our Christian outreach is supported entirely by tax-deductible donations from individuals, churches, and organizations. All donations go directly to provide benefits to the individuals we serve. Our primary training program is Overcomers in Christ, a Christ-centered recovery program and bible study. It is highly recommended that you study the Overcomers in Christ manual as it will assist you in helping your protégée to apply scripture to his/ her life. It will also help you to recognize where your protégée is in his/her stage of recovery. Copies of the Overcomers in Christ manual are available through the ministry at a cost of \$20.

CONTACT INFORMATION:

Harford County Christian Jail Ministry, Inc.

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Bel Air, MD
Phil Kenney 410-652-1284
www.hccjm.com

Agape House, Inc. (Men & Women)

1601 S Tollgate Rd
Bel Air, MD 21015
Rev. Keith Vazquez
443-876-6879
www.agapehousebelair.org

Harford County Detention Center

1030 Rock Spring Road
Bel Air, MD 21014
Roblyn Aignor 410-638-4887
aignerrd@harfordsheriff.org

Westminster Rescue Mission (Men & Women)

658 Lucabaugh Mill Rd,
Westminster, MD 21157
(410) 848-2222
<https://www.westminsterrescuemission.org/>

#3

WHAT IS A MENTOR?

To be a mentor is a personal challenge. You must be:

- Mature Christian
- A coach
- A spiritual guide
- MUST have daily devotional and prayer time with God, NOT OPTIONAL

#4

PREPARATION

In order to be successful in your role you must be walking with Christ daily. Our mission is not within our power to complete. We must rely on the Holy Spirit and His working if we are to succeed. He will give the knowledge, wisdom, discernment, patience, humility, and especially the POWER. We, I, you, are powerless without the Spirit of Christ within us and we must continually foster our relationship with Him. Rom. 8:9-11

If you are not already having your quiet time, commit to doing it now and do not enter this ministry or accept a protégée until you have been practicing this regularly for at least a month. **You will expect this of your protégée so you must be doing it yourself.** You also need to be involved in a fellowship with other Christians. God does not intend for us to be loners. He expects us to belong to a community of supporters and prayer partners. Consider what Rick Warren has to say.

“We prove our faith in Christ, not by the rules we keep, but by the love we give”.

In John 13:35 the Bible says, “Your love for one another will prove to the world that you belong to me.”

If your protégée is residing at a recovery program or transitional housing program become thoroughly familiar with the program’s rules. Set up a meeting with the house manager so you can learn as much as possible about the program and support your protégée in following its rules.

STRIVE FOR RIGHTEOUSNESS

Although we must be willing to admit our shortcomings and mistakes, we must also take great care to keep ourselves above reproach. I Thes. 5:22. "Abstain from the appearance of evil." We must be able to be honest about ourselves. Your success in mentoring will be more dependent on the spiritual lives of you and your protégée than on your own knowledge and wisdom.

This ministry and your part in it will rely upon prayer and the Holy Spirit to be successful. However, God does not work through prayer alone. He expects us to demonstrate our faith by our obedience, self sacrifice and love. He will work through us to the extent we are willing to give of ourselves. Be willing to give the best of yourself, your time, and your resources. You may even want to fast to prepare yourself for this ministry.

REFERRAL AND ASSIGNMENTS

The Chaplains or volunteers working in the detention center or re-entry programs will distribute applications. The application will be received and reviewed before referring the candidate to the appropriate mentor. Such things as church preference and living location will be considered when making this assignment. As a volunteer in the detention center, if you give out an application and wish to

be the mentor of this individual put your name at the top of the form.

After the initial meeting with your protégée you may decide:

1. Yes, I am willing to work with this individual,
2. Yes, but this individual should be assigned to another mentor because....
3. No, this person doesn't understand the program, is not interested in being mentored, or is not committed to changing his life.

#6

WHAT IS MENTORING?

The overall objective of mentoring is to **transform** the lives of men and women by the power of Christ to become law abiding productive citizens in our community.

We endeavor to help our protégée develop a personal commitment to Jesus, become involved in a local Christian church, and develop a personal ministry of helping others. These three features are the key to achieving our objective.

Mentoring provides Christ-centered advice and guidance in a non-judgmental environment. It is designed to teach healthy relationship skills, life skills, and Christian discipleship.

Mentors present a positive image of our Lord, the church, and the community.

- Mentoring helps the protégée to identify personal **goals** and take steps in faith to achieve them. Your encouragement helps your protégée to believe he or she can achieve the goals they have set for themselves through Christ who gives them strength. You will help them find their purpose in Christ while also providing guidance and advice on other needs like relationships; practical needs such as housing, jobs, finances; connecting to community support services and to churches or bible studies. You may also support your protégée in making choices about other needs as you are able.
- Reliability. Mentoring helps to develop trust. Mentoring meetings should take place at least weekly and for at least 12 weeks. You need to be faithful and dependable in keeping your appointments for meetings. Many protégées have lost trust in others because of betrayals, rejections, and abandonment so your faithfulness can help to restore trust in others. If your protégée is incarcerated the goal is to meet with your protégée every week for 6 weeks prior to release (or until released) and continue meeting for at least six weeks following incarceration. If your protégée is incarcerated this means going into the jail on a weekly basis. The primary focus of your relationship should be on Christian spiritual life. The meetings in the jail will be directed toward developing your relationship with each other and fostering the protégée's relationship with God. After release you will focus on getting the protégée involved in a supportive congregation of believers, developing a relationship in a small group setting, and becoming involved in a personal ministry. The intention is to involve your protégée with other supportive Christians and work your way out of the mentoring process.

Mentoring is tailored to transition the Christian commitment from inside the jail to a victorious life in the community

#7

WHAT MENTORING IS NOT - SETTING BOUNDARIES

- **Psychological counseling.** Mentoring should not be confused with individual counseling. Your focus is not on remediating mental health issues; but rather helping the protégée gain insight about the impact of his or her choices, guiding them to make better choices, and helping them make decisions that will develop healthy relationships.
- **Social reform.** We must never put ourselves in a position of trying to reform the institution or the system. These certainly have their problems and may at times seem terribly unfair. You may sympathize with your protégée about the conditions but you cannot criticize the institution or take sides against it. Despite any problems we might have with the officers, the Chaplain, the house manager, transitional house boards, etc. we must be supportive of their work and seek to protect their positions. We must not undermine them. In doing so, we will undermine our own work. Always keep in mind that what you think to be true may not be true at all. Many times we have only half the story and find out later that we have been misled. Our purpose is to change the person from the inside out. A comfortable, safe environment is important, and we need to do what we can to assure that, but by itself it cannot bring about a changed life. The jail or transitional home may actually be the safe haven your protégée needs in order to focus on the Lord .
- **Friendship.** While a friendship may be developed, that is not the goal of mentoring. Mentoring is intended to be a temporary support to help your protégée become firmly founded in his or her faith and to connect to permanent relationships and ongoing supports in his or her church and community.
- **Monetary support or time off** for good behavior. The protégée may not understand our program and expects participation in this program will help get him out of jail or will provide material assistance. Explain that you are a spiritual mentor and your primary concern will be with spiritual matters. You may help as much as possible with physical and sociological matters, especially referring to the proper agency and helping the protégée keep appointments. The provision of financial assistance is quite likely to destroy the effectiveness of your ministry. You may have heard it said that the best way to destroy a friendship is to loan your friend money. This principle holds true in our mentoring. Giving money may enable your protégée to continue improper behaviors and attitudes. Once you give money or gifts they become expectations. If money is desperately needed, arrange to get it from the ministry account.
- Money will be necessary for things such as food, obtaining driver's license and paying child support. You may pay directly for such needs, but you must be willing to do this without expecting the money to be repaid. You may also be called upon to help by doing such things as laundering clothes. Help in ways that you are able. We hope to eventually obtain funding for such needs including temporary housing.
- Encourage your protégé to enroll in Overcomers. Men are also offered 33 Series classes. They should also use services at the detention center as shown in Appendix A.

- If a court date is upcoming you may request a letter of their participation in mentoring.

#8

HOW DO I MENTOR?

- Keep yourself prayed up and request others to pray for you. Attend periodic meetings with case managers and other mentors. This is very important to your success as a mentor.
- As a mentor you will meet privately with your protégée in the jail if incarcerated or their home or other community setting once released.
- Keep discussions with your protégée **confidential** unless to do so would harm your protégée or others. The protégée must understand that anything illegal, contrary to detention center rules, or those things affecting safety of other persons CANNOT be treated as confidential. On sensitive matters follow rule of “need to know.” Some things we are better off not knowing. Do not take notes on comments of the protégée that could be used against him/her. Keep your notes related to plans and commitments of the mentoring process.
- **Learn** as much as you can about your protégée. Look for sincerity and openness but be alert for common verbal tactics that show errors in thinking. It will take some time to build trust. If the protégée is guarded and not being open and honest discuss this openly. The protégée needs to be willing to learn and make changes. Pray for this earnestly. It is a critical factor in the process.
- **Don't pretend** with your protégée. Be honest and sincere. You can't con a con, but you can expect to be conned. Pray for discernment! God and experience will help. You will be conned; deceived, even used. Be assertive. Don't avoid confronting bad attitudes or actions. Be kind, not condemning, but make sure the protégée knows when correction is needed. Do not be an enabler by excusing bad decisions. Be assertive with your protégée. Discuss problems between you. Do not hide your feelings and concerns, but be kindhearted and tactful. It will destroy your relationship if you fail to be honest. It will also be destructive if you fail to respond with genuine concern. Remember, your protégée needs guidance, not sympathy. Do not let hard times be an excuse to permit poor behavior. Love must be tough. **Never criticize in front of other people.** You discuss your protégée's problems with others such as his family or friends on a need-to-know basis only.
- Try to understand what your protégée's relationship with Christ is. This may take place over several visits. Sometimes they do not fully understand the meaning of salvation. As a mentor, be prepared to pray with your protégée to receive Christ and discuss follow up steps including baptism. Help your protégée to discover the truth rather than preach it to him/her. This is a way of teaching the protégée how to help himself and helps to level the playing field by taking the mentor out of the "expert" capacity. A good method of counseling is to ask questions and then go to scripture for the answers. Let the protégée read the passage and describe what he thinks it says. Answer his or her questions when you can. Don't be afraid to say "I don't know". Write down those questions you cannot answer. Get the answer from your own spiritual counselor, church leader, or pastor.

- Use examples from your own life where possible and encourage your protégée to prepare a plan of action for applying principles to his/her own life. You should help your protégée develop goals and objectives, setting dates they intend to achieve them. Ask your protégée what it is that he or she wants to change about life. Get specific areas such as no more drugs, straightening out broken relationships, etc. Does he believe Jesus is able to help make the change? Is he ready to take the first step? Is he committed to stay with the mentoring program even when he doesn't like some aspects of the program or has conflicts with you? Follow up with your protégée to help him/her stay true to these commitments. It is more valuable to work through conflicts than to break-off mentoring or request a change in mentors.
- Encourage your protégée to be serious about growing his or her faith. We provide each one with the ***Free at Last*** book to foster a personal relationship with God and develop the habit of daily devotions. This book is structured specifically for mentoring people coming from incarceration according to this program. The questions with each devotion often encourage the protégée to discuss things with their mentor. You are expected to follow through the book and be ready to discuss these questions. Ask them questions to bring the lessons down to earth and talk specifically about how to apply what was studied to life.
- Changes between jail and life on the outside frequently interrupt this habit. It is common for the individual to want to disassociate with anything having to do with the incarceration. Sometimes this disassociation is with people they know from the jail and even their experience with God. Try to obtain a firm commitment to stay on track after release including attending weekly worship services, becoming involved in a spiritual support group, and continuing to meet with you on a weekly basis. Arrange for him/her to become involved in a church prior to release and arrange for church attendance the first Sunday after release. Provide transportation if necessary. This may be your own church if the protégé has no other preference. During your meetings and by phone, discuss how your protégée will become involved in the church of his/her choice. You may want to meet with them and their pastor. If your protégée wishes to participate in the jail ministry he/she must wait 2 years before being permitted to minister inside the jail but they may participate in jail ministry activities that are outside of the jail or prison.
- Assure that your protégée has adequate food, clothing, housing, and transportation. Realize, however, that all material assistance we give is secondary to our objective and is only necessary to remove barriers while demonstrating God's love. Your protégée may need clothing for his or her release from jail. If arrested in June and released in February they are likely to not have warm clothing. Many inmates also gain weight while incarcerated and the clothing that they were arrested in may no longer fit. There is no public transportation available from the detention center. If you can be the one to meet your protégée upon release you may prevent him from falling back into old paths by calling on others from that old way of life.
- Help your protégée to deal with personal problems using scripture and practical examples. He/she may need guidance concerning relationships, drugs/ alcohol, sex, and finances. If you feel over your head do not attempt to give advice where you do not feel capable. Be open with your protégée and talk about other ways to get the help your protégée needs.
- **Plan** and prepare for situations of temptation that your protégée will encounter during your time

together. Identify those activities and persons that must be avoided following incarceration and establish in detail what new relationships will be developed. Make a list of goals and decisions that have been made and give a copy to your protégée. Refer back to these decisions and commitments and hold your protégée accountable.

- Do not sell the mentoring program as a good deal or an easy path and do not attempt to make it easy. If done right it will not be easy. Keeping commitments is always difficult, especially when those commitments are not the popular thing to do. Doing what is right never comes easy or without cost. Even a dead fish makes progress downstream but we are called to swim against the current. What will make it possible is the power of God.
- You might be very helpful in contacting your protégées **family** to explain the changes that have taken place in the protégée's life and your position in trying to help. This also may be a good opportunity for you to witness the gospel to the family members. Don't let this interfere with the time you have to work with your protégée. Be sure to spend time alone with your protégée each week. If you want to meet with family members do it at another time and not while mentoring your protégée. Also, consider that some family members may be enablers. This may be due to misplaced emotions or it could be a subconscious response of codependency.
- Families often make the mistake of thinking the addiction is over when a member returns home from jail or from a recovery house. These events are only the beginning of recovery. It is still necessary for each one to remain involved in a recovery group and have an accountability partner. Be sure to utilize the home page of www.hccjm.com for a list of house rules and for a list of enabling actions. This is vital since family members may unintentionally contribute to your protégée's substance abuse.
- If a protégée hints that they may be considering **suicide** don't avoid discussing the subject. You are not going to suggest something to him by bringing up the topic of suicide. If he talks seriously about suicide ask if he has a plan. A plan indicates very serious thoughts about suicide and is reason for concern. This is good reason to refer them to a counselor. Get them to promise not to do anything until they talk to you again. If they have a plan **and** a means of carrying out that plan this is a most serious concern and must be referred to a professional. Immediately call Harford Crisis Center, 800-639-8783, for resources for crisis intervention. Do not put yourself and the ministry at risk by trying to handle a serious consideration of suicide on your own and do not delay getting help.
- Make sure your protégée is **prepared for attacks** by the enemy. Let them know that Satan will try to persuade them that it isn't necessary to stay with the mentoring program or participate in church. When they get this notion they should recognize it as a spiritual attack and rejoice that they are doing spiritual warfare. Then they should do what they know to be right and deliver a defeat to the enemy. John 16:4
- Always set-up the next meeting before departing. Be sure actions before the next meeting are clearly understood.
-

SAMPLE MENTORING SESSION

- Inquire about your protégée's well being and progress toward goals.
- Review specific issues and concerns addressed in previous sessions.
- Talk about the future and make a plan of action with a schedule for completion.
- Use the Free at Last book to initiate a spiritual discussion. Talk about practical application of what was learned in day-to-day life situations. Add to list of goals or change goals if necessary.
- Discuss plans for the next meeting and expectations.
- Pray together, encourage your protégée to pray if he/she feels comfortable. Include prayers for ability to follow the Holy Spirit's urging to apply what was learned.

#10

PROTÉGÉE

The protégée is the one who is counseled, guided, advised. Another word we use is mentee. These terms are less objectionable than inmate or ex-con. We must learn to avoid thinking in these latter terms so as not to bring offense to those we are seeking to help. This also helps in our conversation so as not to reveal to the world that our friend and fellow Christian is also an ex-con. This can be unnecessarily embarrassing to them as they seek to find a new life in Christ.

PROTÉGÉE'S PERCEPTION

As an unpaid volunteer you may be under suspicion. To the inmate/ex-offender, everybody is believed to have an angle or a con. Of course, our "angle" is to save souls and glorify our Savior. Once your sincerity is realized you will become accepted as a mentor. Mentoring uniquely applies only in human relationships and deals with issues of maturity and integrity. These are the two essential missing ingredients in the lives of most inmates. Indeed, they are at times at a low level in our own lives. You should be aware of the character of most protégées. Their character is largely responsible for what got them incarcerated.

Nearly all suffer from low self-esteem.

Most come from broken homes

Few of them have high school diplomas

38% are unemployed

75% have incomes below poverty level

50% are married, many are living with the opposite sex.

29 is the average age

33% have drugs and alcohol as factors in their incarceration

Rarely, less than 1% of the time, do you find a well-adjusted achiever caught up in the system by a single incident.

#11

POVERTY

Poverty is not the cause of their problems; it is the result of the poor decisions they have made. The lack of discipline and self-control ultimately leads to poor decision making. We must make them aware of this. Their problems are rarely, if ever, the result of chance, although that is what they may choose to believe. Making the correct decisions and sticking to them is vital to success. Most decisions need to be made beforehand and must not wait to be made in time of temptation and weakness.

HISTORY

Most protégées didn't get the way they are in a few months or years. It probably occurred over 15 years as a young child and into adolescence. They need success in life, but it will take many successes over a long period of time to completely reverse their negative feelings about themselves and bring about a change in behavior. The change we seek and make possible comes primarily from within as a result of a thir having a correct understanding of their position with God. Regardless of their past, God's love and acceptance allows them to feel good before attempting to look good or act good. Don't underestimate the importance of feelings. Even a rich man is poor if he has low self-esteem and feels useless. You as a mentor are a vital instrument in demonstrating God's love and acceptance. You need to be an encourager.

We can't hope to make all the necessary changes in the 12-week period we work with them, but we can get them started on the right track; headed in the right direction. They too, must be made to realize they have a long upward struggle ahead. There will be distractions and setbacks but we must not let that discourage continuation of the effort. Many times what we see as an obstacle is a trial God allows to teach and strengthen us. Do not forget! God's people are not subject to time and chance. That is a secular view of life. As spiritual children of God we must fully believe God is in control! (II Tim, 1:7 and Luke 12:32)

Unlike any secular counseling and help, Jesus gives the **power** to overcome. Jesus accepts each one that comes to Him including the protégée with whom you are working. God's acceptance is the first big step toward renewed self-esteem. God's power will only be realized through commitment, sacrifice, and prayer. Nothing else will do! I Thes. 1:5-7.

BEHAVIOR AND APPEARANCES

You should tolerate unusual behavior, language and appearance of your protégée. Don't make the mistake of looking at the outward appearance. See your protégée as God does and help him/ her to do the same. It will change self-esteem and lead to new patterns of behavior that will eventually change the mode of dress and other distracting habits.

Don't be surprised when they fall and don't be discouraged by their failures. Always be optimistic. Focus on the positive. Phil. 4:8 & 9 is a great reference to mentoring. Show confidence in them even when they fall. Try not to focus on weaknesses or needs. Rather, emphasize their successes and strong points. Look for spiritual growth. If you give up on them, they will give up as well. Be tolerant of areas God has not yet convicted the protégée:

- Cigarettes
- Rough Language
- Ragged jeans
- Offensive T-shirts
- Long hair
- Earrings
- Tattoos
- Body Piercing

Don't harp on these but you may gently remind them that the Holy Spirit should be taking control of these areas especially language and cigarettes. Fortunately, the detention center prohibits smoking. Pray about these things personally and expect the protégée to pray about them along with you. It is important to talk about whether they intend to resume smoking after incarceration. This is an important part of making sound decisions and sticking to them. Very often they remain psychologically addicted to

cigarettes long after the nicotine is out of their system.

Unacceptable Areas

- Cohabitation
- Illegal Drug use
- Drunkenness
- Physical abuse
- Illegal activities such as driving without a license or without insurance.

If your protégée is taking prescription medication you should never tell them it isn't necessary. If you believe the medication is not helpful this should be discussed with their personal physician. Interference with the taking of prescription medications is a legal issue that can result in serious consequences for you personally as well as damage to the ministry.

If a protégée has been living with a mate for several years and has children by that person, they may be considered married by common law. However, they need to be made to understand that formal marriage should be arranged if they plan to continue living together. God does not permit such living arrangements and will not bless those who do so. Live-in arrangements with a girlfriend or boyfriend is strongly discouraged as it shows a disregard for the gospel message.

LEVELING THE PLAYING FIELD

Don't consider your protégée to be inferior because you are the teacher and he/she is the learner. Remember that you also have faults. You too, are a learner and not the master. However, you can use your own past experiences to "level the playing field". Let them know you and others have been in the same or similar situation with which they are struggling. You are not their superior. It is best to avoid dressing very formally; however, it isn't necessary to dress like them in order to identify with them. Dress casually but respectfully.

PROTÉGÉE'S CRIME

Although it may be important to know the nature of their crime so you will be aware of their weaknesses and on guard, avoid the details. Don't let their crime bias you. Remember to attribute their actions to sin. Vent frustrations with Satan and the sin, not against the person. This will protect you from being angry with the protégée. On the other hand, do not allow your protégée to relinquish responsibility for his/her behavior.

#12

REMORSE

If the protégée is not remorseful for his/her crime we may be unable to help. He or she may even be innocent. In any event, incarceration should be viewed as a positive experience that is under God's control. He or she cannot continue to harbor resentment for what has happened. Look ahead, not back, except when it is necessary to use past experience in a constructive manner. Resentment leads to bitterness and bitterness destroys the soul. Heb. 12:15

“Compassion should come out of the kindness of your heart and not out of guilt of your sins.”

Shawana Thompson

REPORTING

You will be working as a team member and expected to maintain communication with the caseworker or Service Coordinator. This will involve periodic reporting on progress and final report upon completion of the mentoring relationship. This reporting is vital to showing efficacy, improving the program, and obtaining program support.

CONCLUSION OF YOUR MENTORING

After about 12 weeks of mentoring you can consider closure. Ideally, this can be planned and immediate. Most likely the fellowship that develops makes this difficult and the frequency of contact can be gradually reduced to a point where the protégée may call occasionally for a chat. Also consider that the *Free at Last* devotionals will be coming to an end. Be prepared to recommend another devotional series like *Our Daily Bread*. Encourage your protégée to continue in the Bible read-through if it was begun. Offer to acquire one of the suggested studies (below). Be in contact with other people that will continue providing accountability in the protégée's life.

JAIL MINISTRY SERVICE IN THE COMMUNITY

Many opportunities exist for working outside the institution in addition to mentoring:

- Overcomer's meetings in the community
- Gabriel's Gift Christmas Program
- Welcoming ex-offenders to your church and reaching out to help them become involved
- Present the needs of the ministry to your church's mission board for financial consideration
- Start a support group for family members or ex-offenders at your church
- Volunteer at a residential house such as Agape House (See the contact list)
- Provide assistance for locating jobs to re-entry programs. Perhaps you would be willing to hire an ex-offender or sponsor somebody entering transitional housing.

INTERNET RESOURCES

Susquehanna Workforce Network: www.swnetwork.org

Harford County Dept. of Community Services: www.harfordcountymd.gov/services 410-638-4807

Harford County Resource Guide: www.harfordcountymd.gov/414/Resource-Guide

Harford Crisis Center: www.harfordcrisiscenter.org 800-639-8783

Harford County Christian Jail Ministry www.hccjm.com

SUGGESTED STUDIES FOR MENTORING:

The Purpose Driven Life - Rick Warren

Me and My Big Mouth - Joyce Meyer

Beauty from Ashes - Joyce Meyer

Battlefield of the Mind - Joyce Meyer

Celebrate Recovery Study Guides - John Baker

Overcomer's Handbook a Practical Guide to Victory in Christ - Mary Fear

Our Website HCCJM.com

Mentoring Action Plan

1. Meet with your protegee and prepare a written plan with completion dates.
2. Pray with your protegee and encourage the protegee to pray with you.
3. Review the questions in the *Free at Last* devotional guide.
4. If possible, meet the protegee at the detention center at the time of release.
5. Always schedule the next time and place to meet.
6. Review the plans and make adjustments.
7. Encourage the protegee to attend church and small group.
8. Connect the protegee to an accountability partner.
9. Continue to meet and encourage the protegee to develop a personal ministry.
10. Send completed report forms to Phillip Kenney or your designated supervisor.
11. After the 12th week the meeting frequency may be reduced as the protegee completes the above plans.

Mentor _____ Protegee _____

Date _____ Start Time _____ End Time _____

Description:

In person programs/classes

Alcoholics Anonymous-Twelve Step principles for personal recovery. Meeting times vary according to housing area.

Narcotics Anonymous-Twelve Step principles for personal recovery. Meeting times vary according to housing area.

Book Club Discussion Group (Meets last Wednesday each month)

T.A.M.A.R.-Trauma, Addictions, Mental Health and Recovery (5 weeks, 2 days a week 1-2:30PM) **Anger Management** * (3 weeks, 2 days a week 8:30am-10:00AM) Learn prevention techniques to control anger before it gets to the point of violence. Learn effective alternatives and practical skills to give power to make new choices in tense situations.

Overcomers in Christ * (7 weeks, 3 days a week. 1:30-3:00PM or 7:00-8:30 PM) Helps to overcome any type of addictive or dysfunctional behavior. Each week is devoted to a different subject necessary to allow recovery.

Parenting Inside and Out * (6 weeks- Wednesday 1:30-3:00) Program on key parenting skills to connect with your child and help your children succeed.

Men's 33 * (6 weeks-Friday's 6:30-8:00) Starting with meaningful insights into the current state of Manhood, this program helps men navigate through some manhood realities that have created cultural confusion. *Not currently running but should be soon.*

GED *

Life Skills-Will help understand how your experiences in life have influenced and shaped your personal development, decision making and belief system.

Road to Better Health-Built on the principals of the Diabetes Prevention Program developed by the CDC. It introduces what diabetes is, nutritional information, importance of physical activity, and encourages goal setting as an important tool to improve health (blood sugar management).

* Eligible for credit to reduce time.

Please write a DC-129 to the Program Coordinator if you are interested in completing a program. Please specify which program you are interested in completing. You may choose one workbook at a time.